# näracharlbury

Open Day on Saturday 8th March 2025

### Join us at our Open Day Saturday 8th March - 10:00am - 2:00pm

Book your appointment for a personal tour of our amazing nursery and to find out more about what we can offer you and your child. Welcome to Nära Charlbury

Nära Charlbury is a children's day nursery in the picturesque town of Charlbury, Chipping Norton. The nursery is located next to the train station, which offers direct trains to London, Paddington, so is ideal for both local residents and commuters alike.

The nursery is open full time from 8:00am until 6:00pm, providing care and unique educational experiences and learning opportunities for children aged from 3 months to 5 years.



Find out about our incredible Nära Enrichments

Nära Charlbury: Forest Road, Charlbury, Chipping Norton, OX7 3HH Email us on: manager@naracharlbury.com Phone us on: 01608 811099 Visit us at<u>https://www.naracharlbury.com</u>

INCODLE NOW!

Find us on **f x** FB: @ <u>Nära Charlbury Children's Nursery</u>



#### Nära Enrichments

In order to give our children access to the broadest possible experiences during their time with us, we have designed a bespoke set of "extra-curricular" activities which are designed to enhance children's opportunities for learning and development.

These activities go beyond the educational programmes set out in the Early Years Foundation Stage, which sets standards for the learning, development and care of children from birth to 5 years old.

However, we want to enrich our children's days with as much fun, exploration, challenge and learning as humanly possible! That is why we call these activities Nära Enrichments.

#### **Early Photography**

Photography is a powerful medium for developing children's understanding of themselves and the world around them. It enables children to put themselves at the centre of their learning, engages awe and wonder, increases curiosity, and provides a fantastic starting point for enquiries and conversations.

#### **Infant Yoga**

Yoga improves balance, strength, endurance, and aerobic capacity in children, as well as teaching mindfulness and offering psychological benefits.



#### **Cooking Station**

Cooking in the Early Years exposes children to experiences where a broad range of skills are required, and creativity, imagination and independence are fostered. Our Cooking Station offers a fun and engaging experience which

Early Years Nutrition Partnership approved menus

facilitates a wealth of learning and development opportunities including, communication and language skills, early scientific thinking, mathematical knowledge and an understanding of where our food comes from, which helps develop healthy eating habits.

#### **Forest School Sessions**

Extensive research has shown that children attending Forest School sessions have: stronger social skills; a greater ability to work in groups and as part of a team; higher self-esteem and confidence; greater independence; improved self-awareness; stronger communication skills; better concentration and co-ordination; improved mental health; and an ability to assess risk.

#### Jabadao

Jabadao are a physical development and wellbeing organisation who explore physical development across the early years. Jabadao believe that human beings thrive when they can live as fully in their bodies, as they do in their heads.



### Coming Soon ...

#### Makaton

Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression. Our staff will be trained in Makaton and teach children a sign each week, which will be shared with parents so they can learn alongside their children.

Plus new Enrichments for 2025!

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